



PAYMENT

To pay your monthly invoice you can drop in to the Municipal Office or MAIL A CHEQUE TO F.C.S.S AT P.O. BOX 600, BLAIRMORE, AB T0K 0E0

NOTE: Administration and supplies are provided by Family and Community Support Services



During times or stages in life when meal preparation is unmanageable, the Meals on Wheels Program is in place to provide a nutritional, well balanced meal. Volunteers deliver kindness through daily social contact while informally monitoring the health and well-being of the client and providing peace of mind to relatives and loved ones with our delivery promise.



**Contact
Crowsnest Pass
FCSS
For all inquiries.**

Municipality of Crowsnest Pass
Box 600
Blairmore, AB
T0K 0E0

Phone: 403.562.8833
Fax: 403.563.5474
E-mail: fcss@crowsneass.com



MEALS ON WHEELS



**Crowsnest Pass
FCSS**

403.562.8833

MEALS ON WHEELS PROGRAM

The Crowsnest Pass Family and Community Support Services Meals on Wheels Program provides hot nutritious meals, five days per week (including statutory holidays) at lunchtime to any person within the Municipality of Crowsnest Pass, who through illness, age or disability cannot provide meals for themselves.

Meals on Wheels assists individuals to live independently in their own homes. As well, volunteers provide a welcome daily social contact.



DETAILS



WHO?

You are eligible to receive Meals on Wheels if you:

- Are elderly or frail
- Are convalescing or ill
- Have mobility problems
- Have vision problems
- Have shopping difficulties



WHAT?

Meals on Wheels provides soup, a hot meal, sandwich and desert. Caring and trained volunteers deliver meals anywhere in the Crowsnest Pass.



WHEN?

Meals are available Monday to Friday, including statutory holidays. You may choose which days you would like a meal to be delivered. To RE-ORDER or CANCEL a meal, call the Municipal Office at 403.562.8833 the day prior.



TO GET STARTED...

To join Meals on Wheels, contact the Municipal Office at 403.562.8833 between the hours of 8:30am-4:30pm Monday through Friday.

We will require the following information;

- Name, street and mailing address
- Phone number, age, emergency contacts and if you have any pets
- Dietary Restrictions and allergies
- Information on your health and physical status



YOUR RESPONSIBILITIES

- Being home between the hours of 11:00am and 12:30pm for delivery
- Notify the office no later than 10:00am to cancel your meal.